

Sample Schedule for Outdoor Ministry Staff Training

It is our assumption that all staff members have already completed first aid, CPR, emergency preparedness, and the online REST (Respite Education and Support Tools) training.

NOTE: If you should decide to include individuals with assisted mobility needs in your outdoor ministry programming, please have a medical professional review the mobility and transfer assist areas of the training.

9:00 a.m. **Opening**

- meet and greet
- coffee and...
- ice breaker – The Name Song

9:45 a.m. **Part 1 - A [Biblical Basis](#) for Outreach Ministry**

10:30 a.m. **Part 2 - Core Competency Review** (ensure retention and understanding of on-line class essentials)

11 a.m. Break

11:10 a.m. **Part 3 - Disability Awareness Orientation**

- A. Self-view/worldview
- B. Keys to working with this population including transitions between activities
- C. Use non-abstract/non-metaphorical language

12:00 p.m. **Part 4 - Mealtime Orientation**

- Lunch prayer – stressing the need for repetition
- Lunch
- Instruction in proper feeding techniques and eating behaviors

12:45 p.m. **Part 5 - [Disability Awareness Stations](#)**

- [Sight Impairment Station \(White Cane Course\)](#)
- [Wheelchair Obstacle Course](#)
- [Manual Dexterity Station](#)
- Water Safety – Voice of Care instruction for working with people with disabilities in or around water – to be presented by the camp's waterfront instructor

1:30 p.m. **Part 6 - Techniques for Working with Special Needs**

- A. Attitudes and mindset
 - ["People First" Language](#)
 - [Proper Wheelchair Etiquette & Sighted Guide Techniques \(blind assistance\)](#)
 - Volunteer expectations and behavior
- B. Specific How-to Strategies
 - Activity Adaptations
 - Behavioral Issues

2:45 p.m. **Closing Remarks**